

This circular diagram illustrates 100 emotions, organized into five primary categories: Happy, Sad, Angry, Fearful, and Surprised. Each primary category is further divided into sub-categories, which are then further divided into individual emotions. The emotions are color-coded to match their primary category.

Primary Category	Sub-Category	Emotions	
Happy	Good	Content, Proud, Powerful, Peaceful, Trusting, Optimistic, Loving, Thankful, Sensitive, Intimate, Hopeful, Inspired	
	Bad	Lonely, Vulnerable, Despair, Guilty, Depressed, Hurt, Repelled, Awful, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated	
	Neutral	Playful, Interested, Proud, Accepted, Powerful, Peaceful, Trusting, Optimistic, Loving, Thankful, Sensitive, Intimate, Hopeful, Inspired	
	Mixed	Curious, Inquisitive, Successful, Confident, Respected, Valued, Courageous, Creative, Loving, Thankful, Sensitive, Intimate, Hopeful, Inspired	
	Extreme	Joyful, Free, Cheeky, Aroused, Energetic, Eager, Awe, Astonished, Perplexed, Dismayed, Shocked	
	Sad	Good	Lonely, Vulnerable, Despair, Guilty, Depressed, Hurt, Repelled, Awful, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
		Bad	Lonely, Vulnerable, Despair, Guilty, Depressed, Hurt, Repelled, Awful, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
		Neutral	Lonely, Vulnerable, Despair, Guilty, Depressed, Hurt, Repelled, Awful, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
		Mixed	Lonely, Vulnerable, Despair, Guilty, Depressed, Hurt, Repelled, Awful, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
		Extreme	Lonely, Vulnerable, Despair, Guilty, Depressed, Hurt, Repelled, Awful, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
Angry		Good	Let down, Humiliated, Bitter, Mad, Aggressive, Frustrated, Distant, Critical, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
		Bad	Let down, Humiliated, Bitter, Mad, Aggressive, Frustrated, Distant, Critical, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
		Neutral	Let down, Humiliated, Bitter, Mad, Aggressive, Frustrated, Distant, Critical, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
		Mixed	Let down, Humiliated, Bitter, Mad, Aggressive, Frustrated, Distant, Critical, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
		Extreme	Let down, Humiliated, Bitter, Mad, Aggressive, Frustrated, Distant, Critical, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
	Fearful	Good	Let down, Humiliated, Bitter, Mad, Aggressive, Frustrated, Distant, Critical, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
		Bad	Let down, Humiliated, Bitter, Mad, Aggressive, Frustrated, Distant, Critical, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
		Neutral	Let down, Humiliated, Bitter, Mad, Aggressive, Frustrated, Distant, Critical, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
		Mixed	Let down, Humiliated, Bitter, Mad, Aggressive, Frustrated, Distant, Critical, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
		Extreme	Let down, Humiliated, Bitter, Mad, Aggressive, Frustrated, Distant, Critical, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
Surprised		Good	Let down, Humiliated, Bitter, Mad, Aggressive, Frustrated, Distant, Critical, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
		Bad	Let down, Humiliated, Bitter, Mad, Aggressive, Frustrated, Distant, Critical, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
		Neutral	Let down, Humiliated, Bitter, Mad, Aggressive, Frustrated, Distant, Critical, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
		Mixed	Let down, Humiliated, Bitter, Mad, Aggressive, Frustrated, Distant, Critical, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated
		Extreme	Let down, Humiliated, Bitter, Mad, Aggressive, Frustrated, Distant, Critical, Disapproving, Disappointed, Numb, Skeptical, Judgmental, Embarrassed, Appalled, Revolted, Nauseated, Horrified, Embarrassed, Disappointed, Empty, Inferior, Remorseful, Ashamed, Powerless, Grief, Fragile, Victimized, Abandoned, Isolated